

Capital City Road Runners & Walkers 2025 Point Series - Event #10

October 30th, 2025 Start: 17:30

UNB, Currie Centre, Fredericton

In most of Canada it is falsely believed that the scariest night of the year is October 31st, Halloween. Sure, there may be innumerable spirits, ghosts, goblins, monsters and other frightful beings out on the 31st. This is because they can move about with impunity, hiding amongst all the costumed "Trick-or-Treaters". So on the 31st you may never know if you actually saw a real ghost or not.

In New Brunswick, and in particular Fredericton, the scariest night of the year is actually the night before, October 30th. On this date the shadow that moves, the presence that you feel, the muffled voice or unexplained sounds can't be attributed to all the children running around in their scary costumes.

So, the 10th event in our 2025 point series is going to test your mettle. Are you brave enough to confront these restless spirits or unsettling presences that may be lurking in the shadows? The run/walk route will take us through some of the city's oldest and most haunted graveyards as the day's shadows begin to lengthen and the surroundings darken.

Bonus points will be awarded for the number of graveyards visited and, for those that may want to temp the spirits to come out, **points will also be awarded for the best costume**.

And, as always, if you can't be there physically, your "presence" in the event can still be felt "spiritually", by your virtual participation.

Further details on the route and how the event will function will follow soon.

Paul