



When: Thursday, August 20th, 2026 17:30 (5:30 p.m.)

Where: Meet pre-event at the gazebo across from the north entrance to the university. At the corner of University Avenue and Beaverbrook Street.

Route: (The course is on public paths and roadways, please exercise caution around other users.)

From the start run along the trail in the direction of the walking bridge. After passing College field turn left (there is a small brick structure surrounded by a fence at this point) onto Aberdeen street. Run along Aberdeen street keeping the fields and park to your left until you reach St. John Street (this is the end of the park). Turn left onto St. John Street. Run along St. John Street (you will be running on a roadway facing traffic. There is no sidewalk on this side of the road) until just before McLeod avenue. Turn left onto the foot/bike path. Follow the foot/bike until you reach Church street. Turn left, and run along this street (you will be running between Queen's Square and College Field) towards Aberdeen Street. At Aberdeen Street, turn right. Run towards the trail. At the fenced in brick structure turn right onto the trail system. Run back towards the start/finish line.

I have included a hand drawn map below.

This is a free, no frills event. It is open to everyone who wishes to participate. So invite a friend. Walkers or runners.

It is a point series event, and I will work my mathematical magic with your finishing times for the point series. But, this is for you. Have fun.



