



I have collected club member's times from all the Parkrun events that took place in July. Using their best performance for the point series. For virtual results, those submitted and those found online, I adjusted the distance and times to 5.00 km. I used what I estimated to be the best 5 km of your longer runs. The points tally to date will be updated on the events page of the club's website.

Name	ParkRun Event #	Time	Event #7 Position	Points
Clayton Goodine	174	17:35	M1	50
Boris Allard	173	24:15	M2	45
David Weir	177	24:35	M3	42
Mike Melanson	(Virtual)	25:49	M4	40
Justin Leblanc	(Virtual)	26:36	M5	39
Westley Arbeau	177	26:48	M6	38
Jamie Weatherbee	(Virtual)	28:40	M7	37
Janet Tree	177	28:45	F1	50
Marlene McVicar	175	28:46	F2	45
Lauren Fraser	173	29:23	F3	42
Natalie Parent	174	30:16	F4	40
Leanne Doughty	174	30:42	F5	39
Janice Caissie	173	32:18	F6	38
Rick Grey	173	32:23	M8	36
Joanne Embree	173	32:50	F7	37
Erin Whitman	173	34:15	F8	36
Harry Drost	(Virtual)	37:04	M9	35
Mona McLachlan	177	39:07	F9	35

Please let me know of any errors or omissions. And I will amend the results lists and point tallies accordingly. **Paul**